

Douglas County Children's Mental Health Quick Resource Table

Agency	Ages	Address	Phone	Email/Website	Services
County Services					
Douglas County Social Services	0-21	809 Elm Street, Suite 1186 Alexandria	320-762-2302	www.co.douglas.mn.us	<ul style="list-style-type: none"> ▲ Screening/assessment ▲ Case management ▲ Crisis Services ▲ Outpatient services ▲ In-home counseling ▲ Family/community support ▲ Therapeutic classroom ▲ Day treatment ▲ Inpatient services
Douglas County Public Health	0-21	725 Elm Street, Suite 1200 Alexandria	320-763-6018	www.co.douglas.mn.us	<ul style="list-style-type: none"> ⊙ Child & Teen Check-ups ● Early Childhood Screening/assessment ⊙ Family Home visiting ⊙ Family/community support ▲ Complex case Management w/Social Services
Initial referral source for children in need of services for physical, speech, hearing or social/emotional concerns—320-763-6018					
Child/Family Supports					
Lakes & Prairies Child Care Resource and Referral	0-5	700 Cedar St, Suite 117, Alexandria, MN 56308	877-724-9430 320-759-3993	www.mnchildcare.org	<ul style="list-style-type: none"> ⊙ Child Care referral & training ⊙ Parent Education
Someplace Safe	0-21	700 Cedar Street, Suite 237 Alexandria	320-762-1995	www.someplacesafe.info	<ul style="list-style-type: none"> ▲ 24-hour crisis services for domestic/sexual violence ● Legal advocacy ● Support groups ● Shelter & safe housing
United Way of Douglas and Pope Counties	0-21	115 3rd Ave. W., Suite 4 Alexandria	320-763-4840	www.uwdp.org	<ul style="list-style-type: none"> ⊙ Family/Parenting Support ⊙ Community Support
Windmill Project	0-21	1205 Birch Avenue Alexandria, MN 56308	320-763-9228	www.windmillproject.com	<ul style="list-style-type: none"> ⊙ ● ▲ Family/Parenting Support ⊙ ● Community Support
WINGS	0-21	700 Cedar St., Suite 266 Alexandria, MN 56308	320-763-6638	wingsfamilyservices.com	<ul style="list-style-type: none"> ⊙ Case management ⊙ ● Crisis Services ⊙ ● Outpatient services ⊙ ● ▲ Family/Parenting Support ⊙ ● Domestic violence services ⊙ ● Advocacy
Law Enforcement					
Alexandria Police Department Douglas County Sheriff's Office	0-21	216 Seventh Ave. W Alexandria	320-762-8151	www.alexandriapolice.com www.co.douglas.mn.us	<ul style="list-style-type: none"> ▲ Crisis Services ▲ Domestic violence services ⊙ Personal safety
Medical Centers					
Alexandria Clinic PA Broadway Clinic	0-21	610 30th Ave. W. Alexandria and 811 3rd Ave. E. Osakis 1527 Broadway St. Alexandria and 115 East Soo Parkers Prairie	320-763-5123 320-762-0399 And 218-338-4371	www.alexclinic.com www.BroadwayMedicalCenter.com	<ul style="list-style-type: none"> ⊙ Well-child check-ups ▲ Outpatient services ⊙ Family/community support ⊙ Parenting support
Douglas County Hospital	0-21	111 17th Ave. E. Alexandria	320-762-1511	www.dchospital.com	
⊙ Promotion/Prevention Services ● Early Intervention Services ▲ Intervention Services ■ Intensive Intervention Services					

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Mental Health Providers	All of the following mental health providers provide CTSS (Children's Therapeutic Services & Support) services.				
SOLUTIONS Behavioral Healthcare Professionals, Inc.	0-21	801 County Rd. 44, Suite 102 Alexandria	320-762-5411	www.solutionsinpractice.org	<ul style="list-style-type: none"> ● Screening/assessment ▲ Crisis Services ▲ Outpatient services ● Family/community support ● Parenting support ▲ ARMHS
The Village Family Services	0-21	460 Northside Drive #5 Alexandria	320-762-8851	www.thevillagefamily.org	<ul style="list-style-type: none"> ▲ ■ Screening/assessment ▲ ■ Case management ▲ ■ Crisis services ▲ ■ In-home counseling ▲ ■ Family/community support ▲ ■ Therapeutic Classroom ▲ ■ Parenting support ▲ ■ Therapeutic group ▲ ■ Parent/Child Inter. Therapy
Lutheran Social Services	0-21	507 22nd Avenue E. Alexandria	320-762-5124	www.lssmn.org	<ul style="list-style-type: none"> ◎ ▲ Incredible Years Parenting Program ▲ ■ Outpatient Mental Health Services ▲ Parent/Child Interactive Therapy ■ Intensive In-home treatment
Lakeland Mental Health	0-21	700 Cedar St, Suite 154 Alexandria	320-762-2400	www.lmhc.org	<ul style="list-style-type: none"> ▲ ■ Individual, marital and family therapy ▲ ■ In-Home therapy ▲ ■ Psychiatric consultation & monitoring ▲ ■ Professional and skills training for adults with a serious mental illness ▲ ■ Professional and skills training for children with a serious emotional disturbance ▲ ■ Newborn to 3 year old psychotherapy and consultation ▲ ■ Co-location services to area schools and local medical clinics
Early Childhood Education					
ECFE (Early Childhood Family Ed) School Readiness Preschool	0-5 And 3-5	Classroom sites in: Alexandria Brandon Evansville Kensington Osakis	320-762-3305 320-834-4084 218-948-2241 320-965-2724 320-859-2193		<ul style="list-style-type: none"> ◎ Screening/assessment ◎ Educational programs for ages birth to 5 ◎ Family/community support ◎ Parenting education ◎ Parent/child activities
Head Start of West Central Minnesota Communities Action, Inc.	3-5	411 Industrial Park Blvd, Elbow Lake, MN 56531 Classroom sites: Alexandria, Brandon, Kensington and Osakis	800-492-4805	www.wcmca.org	<ul style="list-style-type: none"> ◎ Family Community Support ◎ Parenting Support ◎ Classroom Curriculum ● ASQ-SE Screening ● Positive Behavioral Support -Mental Health Consultation
Early Childhood Special Education	0-5	All Douglas County referrals are made through Alexandria School Dist. 206	320-762-3305	www.alexandria.k12.mn.us	<ul style="list-style-type: none"> ● Screening/assessment ▲ Parenting support ▲ Special education services ▲ Therapeutic Classroom

◎ Promotion/Prevention Services ● Early Intervention Services ▲ Intervention Services ■ Intensive Intervention Services



Please refer to the Children's Mental Health Resource Guide for more information on each agency/service.

**Douglas County Building Connections
Early Childhood Initiative**

MINNESOTA EARLY CHILDHOOD



INITIATIVE

a campaign for our youngest children